

## Attitudinal Dynamics of Driving (ADD) Course

**Length:** 8 hours

ADD is a behavior-based, advanced course for drivers with poor driving habits, risky driving behaviors, those who have received multiple traffic violations or have had their license suspended. This course engages students with exercises designed to help them understand the connection between choices and consequences. Participants develop a personal action plan for practicing good driving behavior.

Satisfies requirements for:

- Reinstatement of license
- Work permit
- Under 21-point accumulation
- Court referral or 2-point credit

\*Great supplement with the interlock.

## Alive at 25 Course

**Length:** 4 hours

This highly-interactive course teaches young adult drivers (under 26) the attitudes of personal responsibility and respectful driving decisions.

Alive at 25 incorporates Reality Therapy and Choice Theory techniques. Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides the tools for making positive choices.

Ideal for ages 14-25 with a history of:

- Reckless driving
- MIP
- Past curfew
- Speeding
- Leaving the scene of an accident
- Driving on a permit
- Underage driving
- Other similar offenses

## Alcohol and Drug Offender Course

**Lincoln Only**

**Length:** 8, 12, and 15 hours

This targets alcohol/drug offenders that are low-risk. It provides an intervention and opportunity to change attitudes and actions.

It can be taken in 8, 12, and 15 hour levels in Lincoln, NE.

12 hour class satisfies requirements for:

- Missouri (SATOP)
- Iowa (OWI)

15 hour class satisfies requirements for:

- Lancaster County (Nebraska)
- A *Victim Impact Panel is included in all levels.*

**2**

Go to the “Driving” tab and hover over for a drop down list.

**3**

Select your desired course from the drop down list.

**4**

Click on “Class Locations” and choose your desired location for the course.



**5**

Under “Events” click “Register”

**How to Register**  
for Courses Online

**1** Go to [www.nesafetycouncil.org](http://www.nesafetycouncil.org)

## Behavior Modification Evidence-Based Course

Alive at 25 and ADD ranked #1 and #2 by the Department of Defense.

*Source: 2011 Department of Defense Report*

Major traffic violations decreased up to 76% following completion of the ADD course.

*Source: Highway to Justice. American Bar Association Winter 2017*

**Register Online at  
[nesafetycouncil.org](http://nesafetycouncil.org)**



## Traffic Offender Courses

**Mark class that should be taken:**

**Attitudinal Dynamics  
of Driving (ADD)  
Course**

**Alive at 25 Course**

Regardless of age of driver, sex, or type of violation all comparisons showed statistically significant decreases in the number of violations in the three years following ADD participation. Results of this analysis showed:

- Minor traffic violations decreased 84%
- Major traffic violations decreased 78%
- Surchargeable violations decreased 88%

*Source: NSC, 2017*

*Motor vehicle crashes are the leading cause of injury and death in Nebraska. Most traffic crashes are preventable. Through training and education, these numbers can be impacted.*



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*Better health. Better business.*